BAR AMERICA

Hot Grill

A la parrilla.....

Meat And Wine

Grill Bar

Iberian pork meat 100% Acorn

Iberian presa /shoulder steak (250grs).....18€

Iberian secret (250grs).....18€

Iberian Pluma Boneless flank (250 grs).....18€

Iberian Abanico boneless (250grs).....15€

Iberian Sirloin (250grs)....14,90€

Brochettes

Chicken .....13€

Iberian sirloin .....14,50€

Beef sirloin .....18€

Mixed (3 meats) .....15€

Suckling lamb

Lamb litle chops ...20€

Baked shoulder of lamb

(on request) .....22€

Baked leg lamb

(on request) .....22€

Barbeque (2 pers).....

Mear (chicken, iberian pork, beef , entrecot)....49€

Sea food and assorted fish .....60 €

Sea food selection ....80€

Assorted Vegetables .....18€

Salads

Tuna and vegetables 7,90€

Lettuce, tomato, onion, cucumber, corn, carrot, tuna and egg.

SuperVeggie 8€

Baby sprouts, cherry tomato, red onion, corn, carrot and asparagus

Caprese 8,50€

Tomato, buffala mozzarella, basil and pesto sauce.

Tropical 8,50€

Lettuce, peach, pineapple, apple, prawns, sea bream, pink sauce and grilled chicken.

César 9€

Mezclum, walnuts, mixed cheese, chicken, bacon, caesar sauce, apple and crunchy croutons.

Gourmet 9,50€

Mezclum, grilled salmon, goat cheese, capers, cherry tomato and prawns.

América 11 €

Lettuce, cherry tomato, avocado, red onion, salmon, tuna, egg and mozzarella cheese.

Carnes Gourmet

National Beef

Entrecot ....20€

Sirloin steak.....23€

Big chop 500grs....26€

Angus Beef

Entrecot ....22€

Sirloin steak.....23,90€

Big chop 500grs.....28€

Old matured cow

Entrecot ....23€

Sirloin steak.....24,90€

Big chop 500grs.....29,50€

Chateaubriand 50€ /2p

Tomahawk....according to weight

Our Starters

Melon with Ham	8€
Russian Salad with Ventresca	7,90€
Avocado with Prawns	10€
Prawn Cocktail	8€
Chopped tomato with garlic	4€
Chopped tomato with onion	4,50€
Chopped tomato with anchovies	7,50€
Chopped tomato with tuna belly	7,50€
Seafood soup	6,90€
Gazpachuelo from Málaga	6,90€
Gazpacho (seasonal)	4,50€
Salmorejo (seasonal)	4,90€

TRATTORIA BAR AMÉRICA

PIZZA

VeggieZone

*Our ingredients are 100% vegan.

Vegan Pizza Vegetale

(tomato, vegan cheese ,choice of vegetables)....10,50€.

Pizza ***Margheritta***

((Tomato, vegan cheese).....8,50€.

Pizza ***Funghi***

(Tomato, mushrooms, vegan cheese)...9,50€.

Vegetale Pasta

(Tomato, vegetables, vegan cheese)...8,50€.

Pizzas

Gluten free (any one from menu)...+4€

Pizzas

Margheritta (Tomato and Cheese).....8,5€

Prosciutto (Tomato, cheese and ham).....9,5€

Prosciutto e Funghi (Tomato, cheese, ham, mushrooms).....10,5€

Quattro Stagioni (Tomato, cheese, mushroom, artichokes, olives, ham).....11€

Salami (Tomato, cheese, salami)..... 9,5€

Caprichosa (Tomato, cheese, ham , mushrooms, olives, red pepper).....11€

Diavola (Tomato, cheese, Pepperoni) ..... 10€

4 Cheese (Tomato and 4 assorted cheeses).....10,50€

Vegetale (Tomato, Cheese, assorted vegetables).....10,50€

Tonno e Cipolla (Tomato, cheese, tuna, onion).....10,50€

Napoli (Tomato, cheese, anchovies).....9,50€

SuperNápoli (Tomato, cheese, anchovies, capers, olives).....11€

Parma (Tomato, cheese, cured ham, rocket, parmesan).....12,50€

Hawaii (Tomato, cheese, j. york, pineapple).....10,5€

Tropicale (Tomato, cheese, ham , pineapple, chicken).....11,50€

Funghi (Tomato, cheese, mushrooms).....9,5€

Delicatta (Tomato, cheese, Arugula, Parmesan cheese).....11,50€

Wusteri (Tomato, wusteri cheese, french fries).....10,50€

America (Tomato, cheese, york, salami, pepperoni, bacon, mushrooms, red pepper, chicken).....12,50€

Frutti di Mare (Tomato, cheese, clams, shrimps, mussels, calamari).....12,50€.

Popeye (Tomato, cheese, spinach, chicken, bacon).....11€

Barbecue (Tomato, cheese, chicken, bacon, barbecue sauce).....11,5€

Bolognese (Tomato, cheese, bolognese sauce).....11€

Specialle (Tomato, cheese , pepperoni, arugula, parmesan).....11,50€

Carbonara (Cream, cheese, bacon).....11€

Salmone (Tomato, cheese, salmon).....12€

Iberian (Tomato, cheese, Iberico ham, Manchego cheese).....12,50€

Mexico (Tomato, cheese, jalapeños, minced meat).....12,50€

Showarma (Tomato, cheese, showarma meat)..... 11,50€

Calzone (Tomato, cheese, ham in closed pizza) .....11,50€

TRATTORIA BAR AMÉRICA



Zona Veggie

*Nuestros ingredientes son 100 % veganos.

Pizza Vegetale

(Tomate, queso vegano y selección verduras)....11,50€

Pizza Margheritta

(Tomate, queso vegano)..... 9,50€

Pizza Funghi

(Tomate, champiñones, queso vegano)... 10,50€

Pasta Vegetale

(Tomate, verduras, queso vegano)..... 9,50€

Pizzas

Sin gluten

Cualquiera de la carta....+4€

Pizzas

Margheritta (Tomate y Queso).....8,5€

Prosciutto (Tomate, queso y jamón york).....9,5€

Prosciutto e Funghi (Tomate, queso, j.york , champiñones).....10,5€

Quattro Stagioni (Tomate, queso , champiñon, alcachofas , aceitunas, jamón york)..... 11€

Salami (Tomate, queso , Salami)..... 9,5€

Caprichosa (Tomate, queso , Jamón york, champiñones, aceitunas, pimiento rojo).....11€

Diavola (Tomate, queso , Pepperoni)..... 10€

4 ***Quesos*** (Tomate y variado de quesos).....10,50€

Vegetale (Tomate, queso , verduras variadas).....10,50€

Tonno e Cipolla (Tomate , queso , atún , cebolla).....10,50€

Nápoli (Tomate, queso , anchoas).....9,50€

SuperNápoli (Tomate, queso, anchoas, alcaparras, aceitunas).....11€

Parma (Tomate, queso, jamón serrano, rúcula, parmesano).....12,50€

Hawaii (Tomate, queso, jamón york , piña).....10,5€

Tropicale (Tomate, queso , j. york , piña, pollo) .....11,50€

Funghi (Tomate, queso , champiñones).....9,5€

Delicatta (Tomate natural, queso , rúcula, Parmesano) .....11,50€

Wusteri (Tomate , queso wusteri, patatas fritas).....10,50€

América (Tomate, queso , york, salami, pepperoni, bacon, champiñones, pimiento rojo, pollo).....12,50€

Frutti di Mare (Tomate, queso, almejas, gambas , mejillones, calamares).....12,50€

Popeye (Tomate, queso , espinacas, pollo, bacon).....11€

Barbacoa (Tomate , queso , pollo , bacon, Salsa barbacoa).....11,5€

Bolognesa (Tomate, queso, Salsa bolognesa).....11€

Specialle (Tomate, queso , Pepperoni, rúcula, Parmesano).....11,5€

Carbonara (Nata, queso , Bacon).....11€

Salmone (Tomate, queso, Salmón).....12€

Ibérica (Tomate, queso , jamón Ibérico , queso manchego).....12,50€

México (Tomate, queso , jalapeños, carne picada, pepperoni).....12,50€

Showarma (Tomate, queso, carne showarma)..... 11,5€

Calzone (Tomate, queso , j. york).....11,50€

PIZZA

TRATTORIA BAR AMÉRICA

BAR AMERICA

Antipasti

Focaccia..... 4€

Bruschetta Aglio (garlic ,bread slices)..4,50€

Bruschetta with tomato.....4,50€

Garlic bread.....4€

Tomato garlic bread....4,50€

Caprese Salad .....9,50€

Burratta al Tartufo .....13,50€

Carpaccio ..... 10,50€

Provollone al Forno.....8,50€

Pasta Fresca

Raviolli Gorgonzola (Ravioli gorgonzola, four cheeses, cream).....11,50€.

Raviolli Funghi (In mushroom sauce).....12€

Raviolli Ricotta and Spinaci (Ricotta cheese, spinach).....10,50€

Tortellini with Meat.....10€

Vella al Tartufo .....11,50€

Lasagna .....9,5€

Cannelloni.....9,50€

Cheese and Pear Caramel .....12,50€

Pastas

Spaghetti Aglio e Pepperoncino (Garlic, oil, chilli peppers).....8,50€

Spaghetti *Vegetale* (Tomato, mixed vegetables).....9,50€

Spaghetti all Pomodoro (Tomato sauce, Italian cheese).....8,50€

Spaghetti Bolognese (tamato sauce, cheese, Bolognese).....9,50€

Egg Tagliatelle Bolognese (Egg pasta, Bolognese sauce).....10,50€

Spaghetti alla Carbonara (Cream, egg, cheese, bacon).....9,50€

Tagliatelli al Uovo Carbonara (Cream, egg, cheese, bacon).....10,50€

Spaghetti Frutti di Mare (Tomato, Italian cheese, clams, prawns, mussels, calamari)..... 12,50€

Spaghetti a la Vongole (Tomato, cheese, clams) .....11,50€

Tagliatelle alla Arrabiatta (Tomato sauce, spicy sauce) .....9,50€

Gnocchi Bolognese (Bolognese sauce) .....11€

Gnocchi with 4 Cheeses (Tomato and assorted 4 Cheeses) .....11€

Spaghetti with prawns Pilpil (Tomato, cheese, Pilpil Style prawns) .....12€

Tagliatelle Vegetables and (Prawns sautéed in garlic)..... 12€

Tagliatelle al Salmone (Tomato, cheese, salmon) .....12,50€

TRATTORIA BAR AMÉRICA

BAR AMERICA

Antipasti

Focaccia..... 4€

Bruschetta Aglio (ajo)....4,50€

Bruschetta Tomate.....4,50€

Pan de ajo.....4€

Pan de ajo con tomate....4,50€

Insalata Caprese.....9,50€

Burratta al Tartufo .....13,50€

Carpaccio ..... 10,50€

Provollone al Forno.....8,50€

Pasta Fresca

Raviolli Gorgonzola (Ravioli gorgonzola,cuatro quesos, nata).....11,50€

Raviolli Funghi (En salsa de champiñones).....12€

Raviolli Ricotta y Spinaci (queso ricotta, espinacas).....10,50€

Tortellini di carne.....10€

Vella al Tartufo.....12,50€

Lasagna .....9,50€

Canelloni.....9,50€

Caramello de Queso y Pera.....12,50€

Pastas

Spaghetti Aglio e Pepperoncino (Ajo , aceite , guindillas).....8,50€

Spaghetti Vegetale (Tomate, verduras variadas)..... 9,50€

Spaghetti all Pomodoro (Salsa de tomate, queso italiano).....8,50€

Spaghetti Bolognesa (Salsa de tomate, queso , Bolognesa).....9,50€

Tallarines al huevo Bolognesa (Pasta al huevo , salsa Bolognesa).....10,50€

Spaghetti a la Carbonara (Nata , huevo , queso , bacon).....9,50€

Tagliatelli al Uovo Carbonara (Nata, huevo, queso , bacon).....10,50€

Spaghetti Frutti di Mare (Tomate , queso italiano , almejas, gambas, mejillones, calamares).....12,50€

Spaghetti a la Vongole (Tomate, queso , almejas).....11,50€

Tallarines a la Arrabiatta (Salsa tomate, salsa picante)..... 9,50€

Gnocchi Bolognesa (Gnocchi , salsa Bolognesa).....11€

Gnocchi a los 4 quesos (Tomate y variado de 4 quesos).....11€

Spaghetti con gambas al Pilpil (Tomate, queso, gambas pilpil).....12€

Tagliatelle Verduras y Gambas salteadas al ajillo.....12€

Tagliatelle al Salmone (Tomate, queso , salmón).....12,50€

OUR PAELLAS

1 PERS/2 PERS.

Mixed.....16 / 26€

Chorizo and chicken..... 15/ 25€

Black rice ..... 16/ 26€

Vegan ..... 15/25€

Fish and Seafood ..... 25/40€

COMBINED DISHES

Roast chicken, fries and salad .....9,50€.

Chicken steak, chips and salad .....9,50€.

Hot dog with chips ..... 8€

Pork scalope, fries and salad .....10,50€

Chicken scalope, chips and salad .....10,50€

Pork chop, chips and salad ..... 10,50€

3 kebabs, chips and salad ..... 10.50€

Omelette , chips and salad ..... 8,50€

SEA DELIGHTS

Grilled king prawns .....9 €

Cooked prawns .....9€

Cooked prawns .....16€

Grilled prawns .....18€

Prawns in pil-pil sauce .....8,90€

Octopus galician style .....16€

GRILLED...

Grilled octopus.....18€.

Grilled sea bream .....15 €

Grilled sea bass .....15 €

Grilled sole.....20€

OUR BEST FISHES

Fried anchovies ..... 9€

Lemon anchovies.....9€

Squid ..... 11€

Little Squids .....12 €

Marinade fish.....9 €

Fried cuttlefish .....9,5€

Grilled Rosada .....12€

Rosada Alioli.....12€

Malaga fried assortment 1pers .....14€

Malaga fried assortment 2 pers .....19,90€

Fried cod ..... 12€

Steamed mussels .....9€

Mussels a la marinera .....11 €

Clams ..... 12€

Coquinas (clams) .....14€

Grilled cuttlefish .....12€

NUESTRAS PAELLAS

1 PERS/2 PERS.

Mixta.....16 / 26€
Pollo y chorizo ..... 15/ 25€
Arroz Negro..... 16/ 26€
Vegana ..... 15/25€
Pescado y Marisco ..... 25/40€

BAR AMERICA

PLATOS COMBINADOS

Pollo asado, patatas fritas y ensalada .....9,50€
Churrasco de pollo, patatas fritas y ensalada.....9,50€
Perrito con patatas fritas ..... 8€
Escalope de cerdo ,patatas fritas y ensalada.....10,50€
Escalope de pollo , patatas fritas y ensalada.....10,50€
Chuleta de cerdo, patatas fritas y ensalada..... 10,50€
3 pinchitos , patatas fritas y ensalada..... 10,50€
Tortilla , patatas y ensalada .....8,50€

DELICIAS DEL MAR

Langostinos a la plancha.....9€
Langostinos cocidos .....9€
Gambas cocidas.....16€
Gambas a la plancha.....18€
Gambas al pil pil .....8,90€
Pulpo a la gallega .....16,50€

A LA PARRILLA

Pulpo a la parrilla.....18€
Dorada a la parrilla.....15€
Lubina a la parrilla.....15€
Lenguado a la parrilla.....20€

LOS PESCADOS

Boquerones fritos ..... 9€
Boquerones al limón.....9€
Calamares.....11€
Calamaritos.....12€
Adobo.....9€
Jibia Frita..... 9,5€
Rosada plancha .....12€
Rosada Alioli.....12€
Fritura malagueña 1pers.....14€
Fritura malagueña 2 pers.....19,90€
Bacalao frito ..... 12€
Mejillones al vapor .....9€
Mejillones a la marinera.....11€
Almejas ..... 12€
Coquinas .....12€
Choco plancha.....12€

SUSHI GOURMET

BAR AMÉRICA
GOURMET EXPERIENCE

@barramericacarlhuela @barramerica @barramericacarlhuela

Calle de San Ginés, 38, 29620 La Carlhuela – Torremolinos
639 008 995 / www.restaurantearamerica.com

BAR AMÉRICA
GOURMET EXPERIENCE
PESCADOS Y MARISCOS

COMBOS DE SUSHI

SUSHI COMBO

BE SALMÓN
8 Hosomaki, 4 Urumakis salmón, 2 Nigiris, 2 Sashimi 18,00 €
8 Hosomaki, 4 Urumakis salmon, 2 Nigiris, 2 Sashimi

BE TUNA
8 Hosomaki, 4 Urumakis atún, 2 Nigiris, 2 Sashimi 19,00 €
8 Hosomaki, 4 Urumakis tuna, 2 Nigiris, 2 Sashimi

BE NIGIRIS
2 Nigiris salmón, 2 Nigiris atún, 2 Nigiris pez mantequilla, 2 Nigiris langostino 14,00 €
8 Hosomaki, 4 Urumakis tuna, 2 Butterfish nigiris, 2 prawn nigiris

BE VEGAN
4 Hosomaki calabaza, 4 Hosomaki salmón, 4 Hosomaki pepino, 4 Hosomaki tortilla (Tamago) 14,50 €
4 Hosomaki, 4 Hosomaki pumpkin, 4 Hosomaki salmon, 4 Hosomaki cucumber, 4 Hosomaki omelette (Tamago)

NIGIRIS

Nigiri pez mantequilla / Butterfish nigiri 10,90 €
Nigiri de salmón / Salmon nigiri 11,90 €
Nigiri de atún rojo toro / Red bull tuna nigiri 12,90 €
Nigiri de langostino / Prawn nigiri 11,90 €
Nigiri de foie flambeado con trufa y mora 12,50 €
Foie, truffle and blueberry nigiri

SASHIMI

Salmón 6 Uni. / Salmon 6 Uni. 10,90 €
Atún 6 Uni. / Tuna 6 Uni. 11,90 €
Mixto 8 Uni. / Mixed 8 Uni. 12,90 €

TEMAKIS

Atún, aguacate, salsa kimchi / Tuna, avocado, kimchi sauce 7,50 €
Salmón, aguacate, mayonesa japo. / Salmon, avocado, japanese mayonaisse 6,90 €
Veggie (Calabaza, aguacate, pepino) / Veggie (Pumpkin, avocado, cucumber) 6,00 €

HOSOMAKIS & FUTOMAKIS

Hosomaki pepino / Cucumber hosomaki 6,00 €
Hosomaki aguacate / Avocado hosomaki 6,90 €
Futomaki (salmón, aguacate) / (Salmon, avocado) futomaki 9,90 €
Futomaki (atún, aguacate, salsa kimchi) / (Salmon, avocado, kimchi sauce) futomaki 9,90 €

WOKS

Wok (pollo, gambas) / Wok (chicken, prawn) 11,90 €
Wok (verduras) / Wok (veggie) 10,50 €
Wok (carabineros, gambas) / Wok (large red shrimp with prawns) 15,00 €

GYOZAS & BAO





Gyoza (kamakura de pollo) / Gyoza (chicken kamakura)	6,00 €
Gyoza (osaka de verduras) / Gyoza (veggie osaka)	6,00 €
Gyoza (mandu de gambas) / Gyoza (prawns mandu)	6,00 €
Gyoza (sapporo de cerdo) / Gyoza (pork sapporo)	6,00 €
Chicken Bao (pollo teriyaki, lechuga, cebolla encurtida) Chicken Bao (teriyaki chicken, lettuce, purple onion)	7,50 €
Veggie Bao (calabaza, aguacate, lechuga, salsa teriyaki) Veggie Bao (pumpkin, avocado, lettuce, teriyaki sauce)	6,50 €

POKE

Poke Salmón (salmón, mango, pepino, aguacate, edamame, wakame, arroz) Salmon Poke (salmon, mango, cucumber, avocado, edamame, rice)	11,50 €
Poke Atún (atún, mango, pepino, aguacate, edamame, wakame, arroz) Tuna Poke (tuna, mango, cucumber, avocado, edamame, rice)	13,50 €
Poke América (atún, salmón, mango, pepino, aguacate, edamame, wakame, arroz) America Poke (tuna, salmon, mango, cucumber, avocado, edamame, wakame, rice)	14,50 €
Poke Pollo (pollo, mango, pepino, aguacate, edamame, wakame, arroz) Chicken Poke (chicken, mango, cucumber, avocado, edamame, wakame, rice)	10,50 €
Poke Veggie (heura, mango, pepino, aguacate, edamame, wakame, zanahoria, arroz) Veggie Poke (heura, mango, cucumber, avocado, edamame, wakame, carrot, rice)	10,50 €

ENSALADAS SALADS



Wakame / Wakame	4,50 €
Edamame / Edamame	5,50 €
Edamame (aceite de sésamo, tougarashi "picante") Edamame (sesame oil, tokioshi "spicy")	6,50 €

URAMAKIS

Roll Holland (atún, salmón, pepino, aguacate) Holland Roll (tuna, salmon, cucumber, avocado)	12,50 €
Roll California (cangrejo, pepino, aguacate, sésamo) California Roll (crab, cucumber, avocado, sesame)	11,50 €
Roll Solomillo (foie, queso crema, pepino, aguacate, solomillo) Solomillo Roll (foie, cream cheese, cucumber, avocado, solomillo)	13,50 €
Roll Salmón (salmón, queso crema, pepino, mayonesa japo, ikusa, huevas de salmón) Salmon Roll (salmon, cream cheese, cucumber, japanese mayonaisse, ikusa, salmon roe)	11,50 €
Roll Atún picante (atún, aguacate, pepino, salsa kimchi, mayonesa japo, cebolla frita) Tuna Roll Spicy (tuna, avocado, cucumber, kimchi sauce, japanese mayonaisse, fried onion)	12,50 €
Tempura de mango (queso crema, langostino tempurizado, mango) Roll tempura mango (cream cheese, tempura prawn, mango)	13,50 €
Tempura de aguacate (queso crema, langostino tempurizado, aguacate) Roll tempura avocado (cream cheese, tempura prawn, avocado)	13,50 €
Roll Veggie (heura, aguacate, pepino, wakame) Roll Veggie (heura, avocado, cucumber, wakame)	11,50 €
Pollo Roll (aguacate, pepino, salsa teriyaki, cebolla frita) Roll Chicken (avocado, cucumber, teriyaki sauce, fried onion)	11,50 €
Uramaki con tamago (queso crema, tortilla japonesa, huevas de tobiko, pepino) Tamago uramaki (cream cheese, japanese omelette, tobiko roe, cucumber)	11,50 €

ESPECIALIDADES
SPECIALTIES



Tartar de Atún rojo / Red Tuna tartar	16,00 €
Tartar de Salmón / Salmon Tartar	13,50 €
Tartar Veggie / Veggie tartar	9,90 €
Steak tartar / Steak tartar	17,00 €

GUNKAN



Salmón 2 Uni. / Salmon 2 Uni.	4,50 €
Atún 2 Uni. / Tuna 2 Uni.	4,50 €

POSTRES
DESSERTS



Pan Bao con Nutella / Nutella Bao	5,50 €
Mochis Té verde / Mochis Green Tea	5,90 €
Mochis Chocolate / Mochis Chocolate	5,90 €

NUESTROS FAVORITOS
OUR FAVORITES

Tataki de atún rojo / Red tuna tataki 4,50 €

Combo de atún rojo: Tataki de atún rojo + Mini tartar de atún, aguacate y mango 20,00 €
Red tuna combo: Red tuna tataki + Tuna, avocado, mango tartar

Tataki de salmón 12,00 €
Salmón tataki

Combo de salmón: Tataki de salmón + Mini tartar de salmón, aguacate y mango 20,00 €
Salmon combo: Salmon tataki + Salmon, avocado, mango tartar



SOAL MAR
PESCADOS Y MARISCOS

CEREALES Cereals · CRUSTÁCEOS Crustaceans · HUEVOS Eggs · PESCADO Fish · CACAHUETES Peanuts · SOJA Soya · LÁCTEOS Milk · FRUTOS CÁSCARA Nuts · APIO Celery · MOSTAZA Mustard · SÉSAMO Sesame · MOLUSCOS Mollusc · SULFITOS Sulphites · ALTRAMUCES Lupine

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